

OPERATION CHECKLIST

You are booked for an operation. We are sure that you already have enough on your mind. Please allow us to remind you of a few important things

- Please confirm your pre-authorization status and forward the number to our offices as well as the hospital
- Please ensure that you are aware of any prosthesis or implant limits that your medical scheme may have
- We use an anaesthetist firm Brink and Partners please visit their website clientcare47@precisionmed.co.za). Remember that they may not be contracted with your medical scheme and fees may be higher than the scheme fee.
- The forms that need filling out can be done at home. This will save you some time on the day of your admission. The forms are available on our website Awesomhands.co.za.
- Please do not eat or drink anything 8 hours before your surgery. This will ensure your safety during your anaesthesia
- Please alert the ward staff and personnel if there are any illnesses, allergies, or things that you feel we need to know.
- Remember some clothes / pyjamas / underwear for every day you are in hospital. The hospital is air conditioned and may become cold even in summer time. A gown and a pair of slippers will also be useful. You may also want to bring your own pillow and duvet.
- A television will be available but you may want to bring some magazines or a book.
- Please remember your toiletries:
A tooth brush / toothpaste
Deodorant
Shaving utensils
Soap and shampoo
A face cloth
- Facilities to lockup valuables are available but rather leave your valuables at home
- Please be sure that our surgical and anaesthetic team will do everything in our power to ensure your surgery is as pleasant and painless as possible.
- If you still have questions you are welcome to phone our practice
- Dr Melt van Niekerk will visit you before your operation.

Regards

Dr Melt van Niekerk